

A black and white photograph of a man in profile, looking to the left. He is holding a smartphone in his hands. In the background, there is a circular light fixture with a starburst pattern. The image is framed by a thick orange border. The text "NAILING THE TIGHT FOLLOW SHOT" is overlaid in large, white, bold, sans-serif capital letters.

NAILING THE TIGHT FOLLOW SHOT

FRAMING EXAMPLE & TIPS

FRAMING EXAMPLE



Shown above is an example of a good tight follow. The subject is centered with a little bit of looking room on the left of the frame, as the subject is looking off stage right. And the amount head room above her feels natural.

Depending on your preference your tight follow might look a little different, but this example should help you get started.

TIPS

A good tight follow is not always easy but here are a couple of tips to set your camera op up for success.

1.FRAME GUIDE

Adding a frame guide makes sure that the camera op always keeps the subject centered in frame and helps them to know when they need to move to follow the subject. If your camera does not have the ability to set custom frame guides, you can always add little pieces of tape to the top of your monitor to create your frame guide.

2.REFERNECE FRAME

Printing out a photo of your tight follow shot is also a great idea. It makes sure that you are maintaining consistent framing of your tight follow shot no matter who is operating your camera.

Have questions? We would love to chat with you.
Contact us at support@lambdaav.io